



**SKAB AI-BILLEDER TIL
DIN MARKEDSFØRING
& KOMMUNIKATION
(HVORDAN OG HVORFOR)**

Hvad får du med hjem?

Inspiration og værktøjer til at bruge **AI-billeder** i dit daglige arbejde





Hvem har prøvet at skabe AI-billeder?

JA-Mål: Give jer værktøjerne til at skabe bedre AI-billeder (og bruge dem i flere sammenhænge)

NEJ-Mål: Give jer inspiration til at komme i gang



Der er ingen grund til at tage billeder

Jeg kommer til at vise rigtig mange eksempler (inklusive prompts)

I kan få **tilsendt slides** efterfølgende



Det skal vi igennem

- Introduktion til AI-billeder
- Hvorfor bruge AI-billeder
- Indvendinger mod AI-billeder
- Jura og etik
- Opbygning af en god prompt
- Unikke funktioner i Midjourney

Hvem er jeg?

- Har arbejdet med online marketing i 15+ år
- Glad amatørfotograf
- IKKE designer
- Startede med AI-billeder i september 2022
- Blevet til 40.000+ billeder i Midjourney



Hvem er jeg?

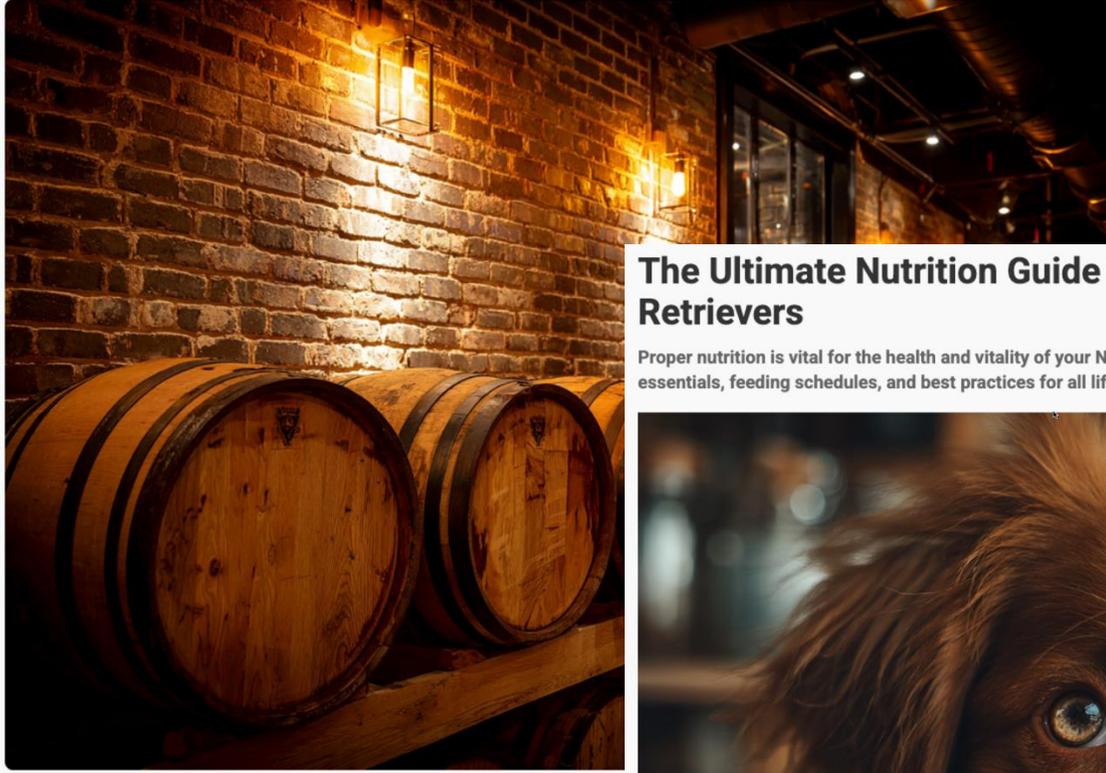
- Har arbejdet med online marketing i 15+ år
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Aging Beer in Oak Barrels: Techniques and Flavor Benefits

Oak barrels are synonymous with rich, complex wood-aged beers. This article discusses why oak is preferred, the aging techniques employed, and how this classic wood imparts signature flavors that elevate your beer experience.



Exploring Tansen's Cultural Festivals: A Vibrant Celebration of Tradition

Celebrate with the locals! Learn about the most important festivals in Tansen, their origins, activities, and how you can participate to experience Nepalese culture up close.



The Ultimate Nutrition Guide for Nova Scotia Duck Tolling Retrievers

Proper nutrition is vital for the health and vitality of your Nova Scotia Duck Tolling Retriever. This comprehensive guide covers diet essentials, feeding schedules, and best practices for all life stages.



Værktøjer til AI-billeder



KIG EFTER:

God billedkvalitet

God prompt-forståelse

Brugervenlighed

Funktioner

Det rette værktøj til opgaven

De mest populære værktøjer

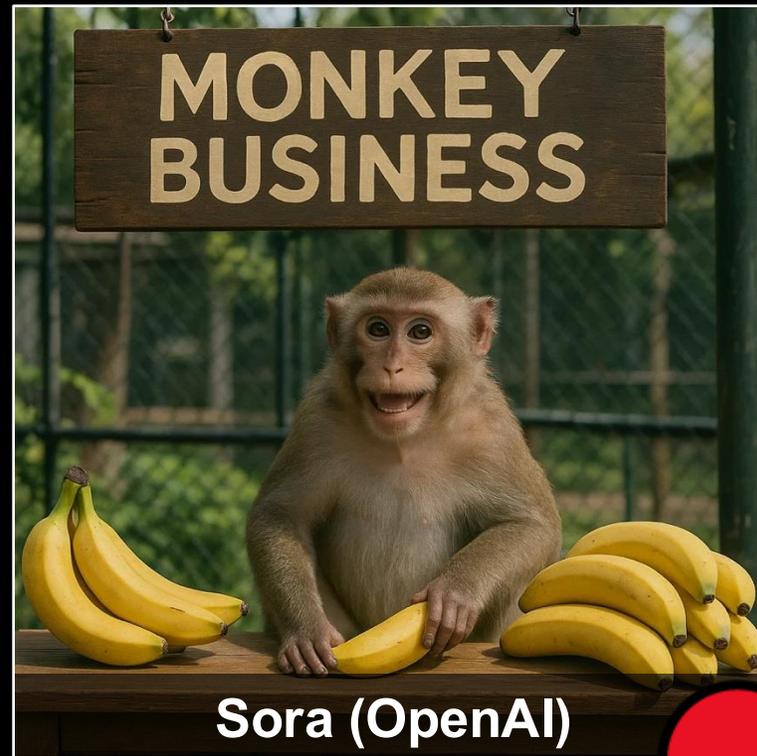


photo of a monkey in a zoo, selling bananas,
sign with the text "MONKEY BUSINESS" in the background

Mine foretrukne værktøjer



Midjourney

AI billedgenerering

Nano Banana



AI redigering

Den vilde udvikling

photo of a woman, wearing sunglasses and a white t-shirt with a palm and the text "Midjourney", riding a motorcycle in a jungle, dust in the background, front view shot, dappled lighting



Den vilde udvikling

photo of a woman, wearing sunglasses and a white t-shirt with a palm and the text "Midjourney", riding a motorcycle in a jungle, dust in the background, front view shot, dappled lighting



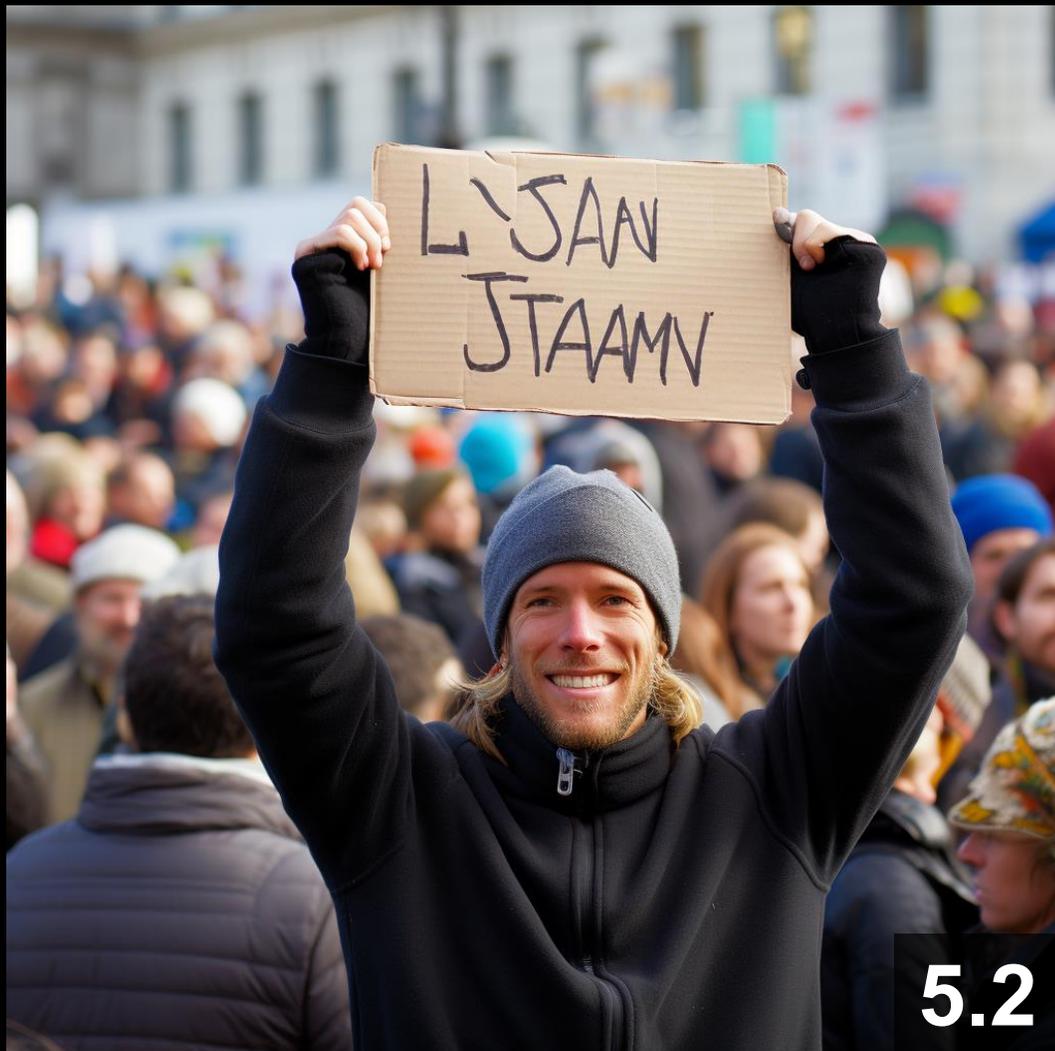
**Tidligere
Midjourney
problemer er
(næsten) løst**



Hænder



Tekst



Tekst



Write "Jeg kan skrive meget lange tekster på et skilt" on the sign



Diversitet

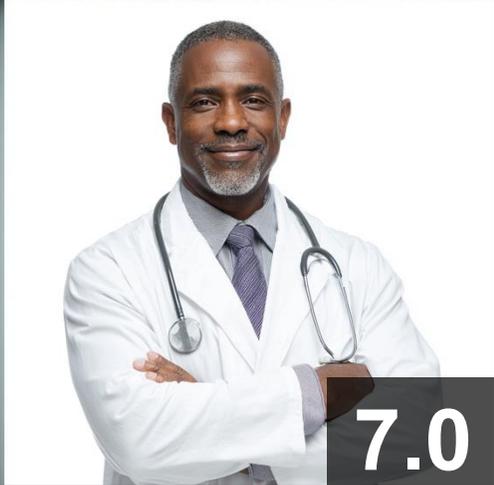


photo of a doctor

Diversitet



photo of a ceo

Diversitet



photo of a **female** ceo



Hvem har prøvet at bruge Midjourney?

"Midjourney er svært at bruge"

- announcements 27
- status
- rules 15
- community-updates
- micro-polls 4
- SUPPORT 88
 - billing-support
 - trial-support
 - support
- NEWCOMER ROOMS 3
 - newbies-111 245
 - newbies-141**
 - newbies-171
- CHAT
 - discussion
 - philosophy
 - prompt-craft
 - off-topic 28
- FEEDBACK
 - ideas-and-features
 - bug-reporting 25
 - ai-mod-bugs 24
- COMMUNITY FORUMS
 - 1 NEW MENTION



U1	U2	U3	U4	🔄
V1	V2	V3	V4	📄

Midjourney Bot cartoon bear and penguin hugging at the north pole on a beautiful sunny day - @Manuel (fast)



Midjourney Bot Today at 11:58
cartoon bear and penguin hugging at the north pole on a beautiful sunny day --v 6.1 - @Manuel (fast)



U1	U2	U3	U4	🔄
V1	V2	V3	V4	📄

Message #newbies-141

🔗 Explore

👉 Create

🛠 Edit

📄 Personalize

📁 Moodboards

🗃 Organize

💬 Chat

👍 Tasks

Today



photo of a woman

style raw v 7



photo of an urban city

ar 16:9 style raw v 7



🔄 Rerun 📄 Use 🚫 Hide ≡ More

photo of a desert

ar 4:3 style raw v 7

🔗 Help

🔔 Updates

☀ Light Mode

@ mortenelm ...

Hvorfor bruge AI-genererede billeder?



Undgå stock photos

**GENERISKE &
KEDELIGE**



Undgå fotografer & designere

**DYRE &
LANGSOMME**



Skil dig ud fra konkurrenterne

ANDERLEDES &
IØJNEFALDENDE



Få kontrol over udtrykket

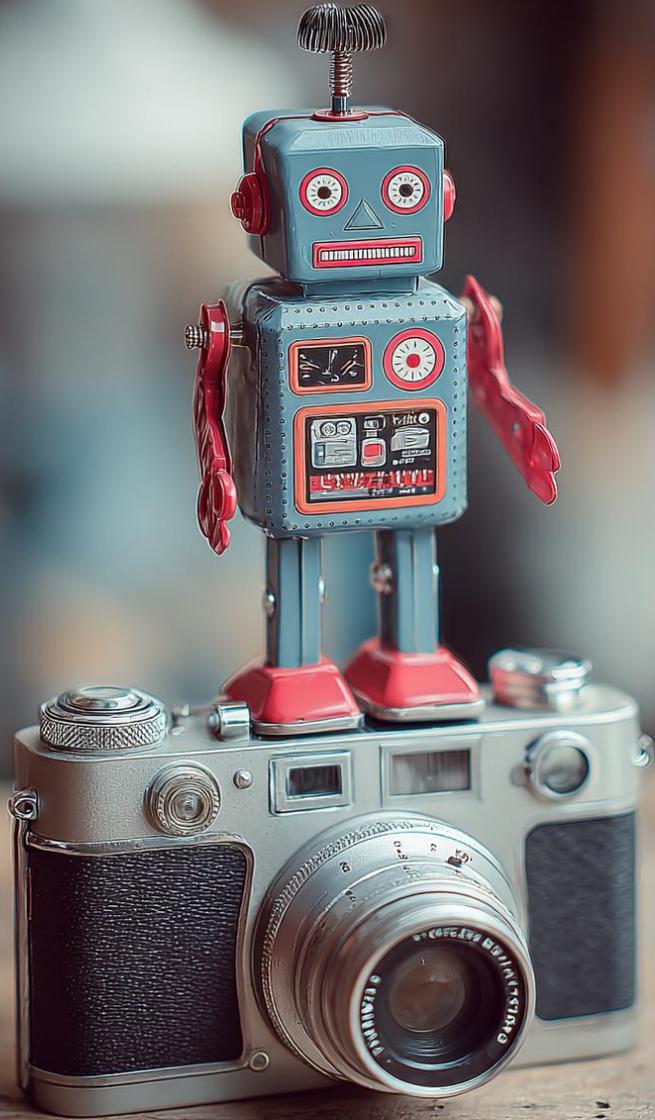
MATCH AF
VISION & BRAND



Derfor skal du bruge AI-billeder!

Skabe 100 % unikke billeder,
der er **skræddersyet** til dit brand og budskab

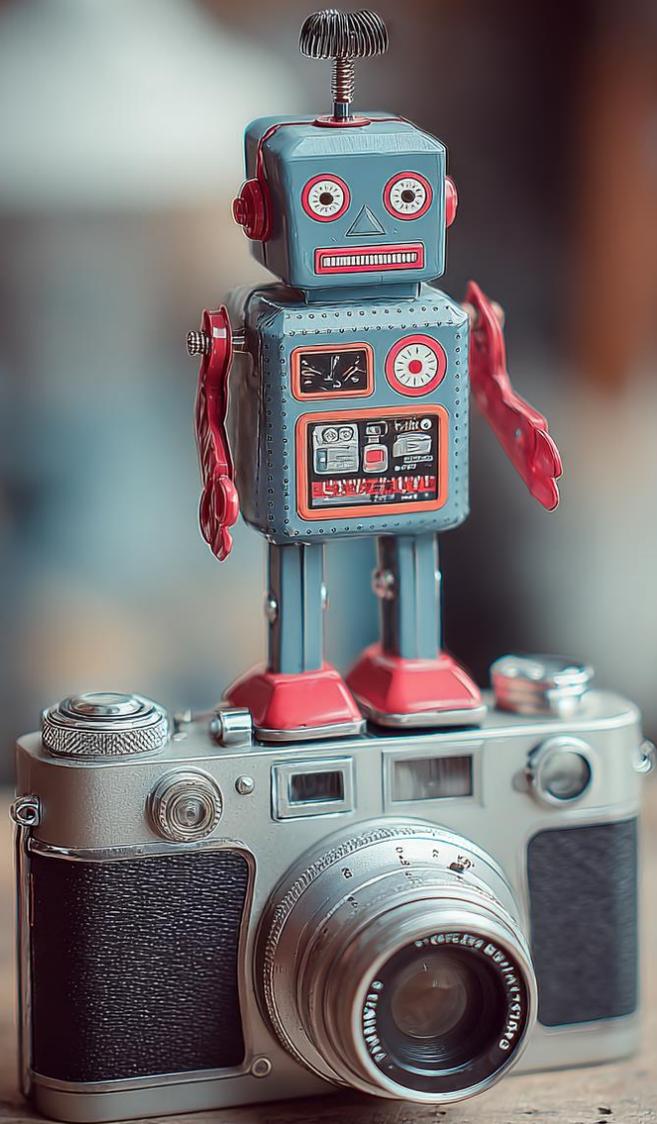
Samtidig med at du **sparer både tid og penge**



AI vs. kamera

AI og traditionelle kameraer er begge bare **værktøjer** til at skabe billeder

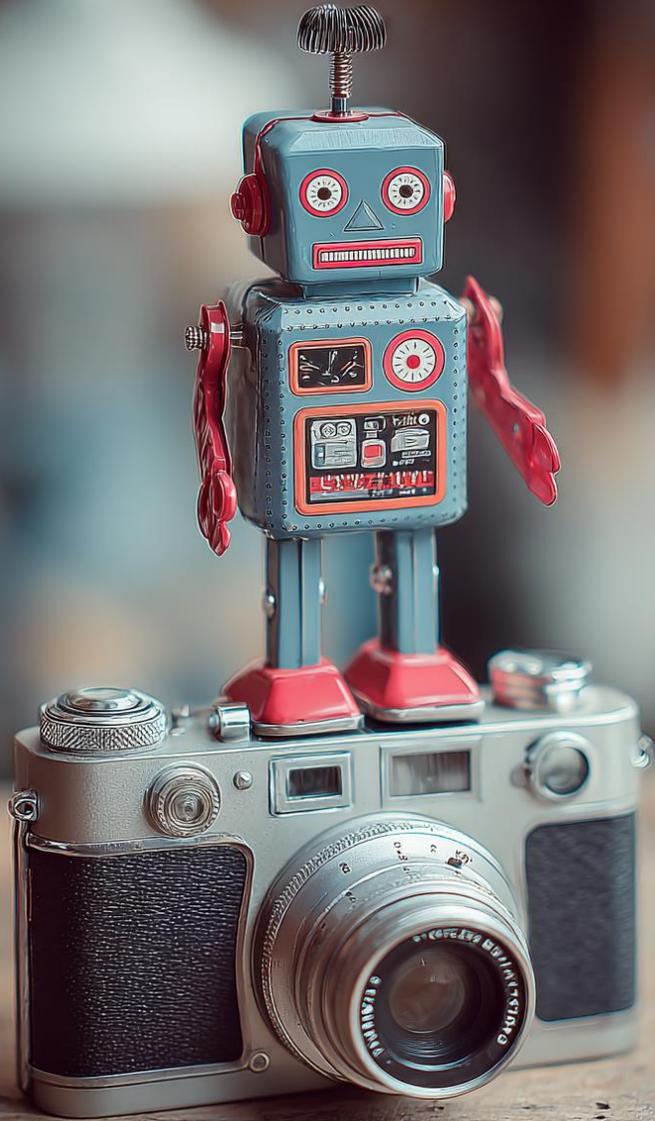
Forskellen er, at AI kræver **mindre teknisk viden**



AI vs. kamera

Nemmere at fokusere på det
den kreative del

Det er den kreative del, der
er afgørende for, om et billede
er interessant eller ej



AI vs. kamera

Jeg giver dig **inspiration og teknikker** til at skabe AI-billeder

Den kreative del **må du selv stå for**

Video



**Jeg kan ikke
bruge AI-billeder
fordi...**



Måske findes det allerede!

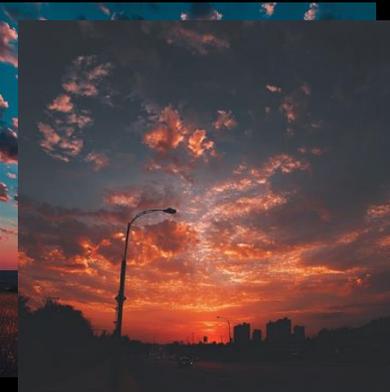


photo of a man and a dog, in a forest, sunset

Måske findes det allerede!

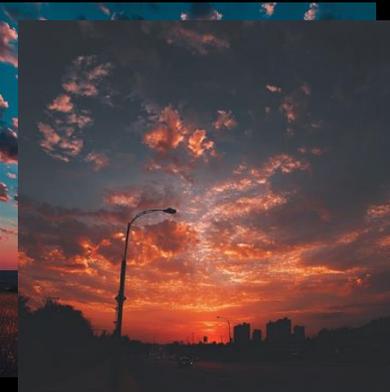


photo of a man and a dog, in a forest, sunset

AI-billeder ser polerede ud!



photo of a young couple

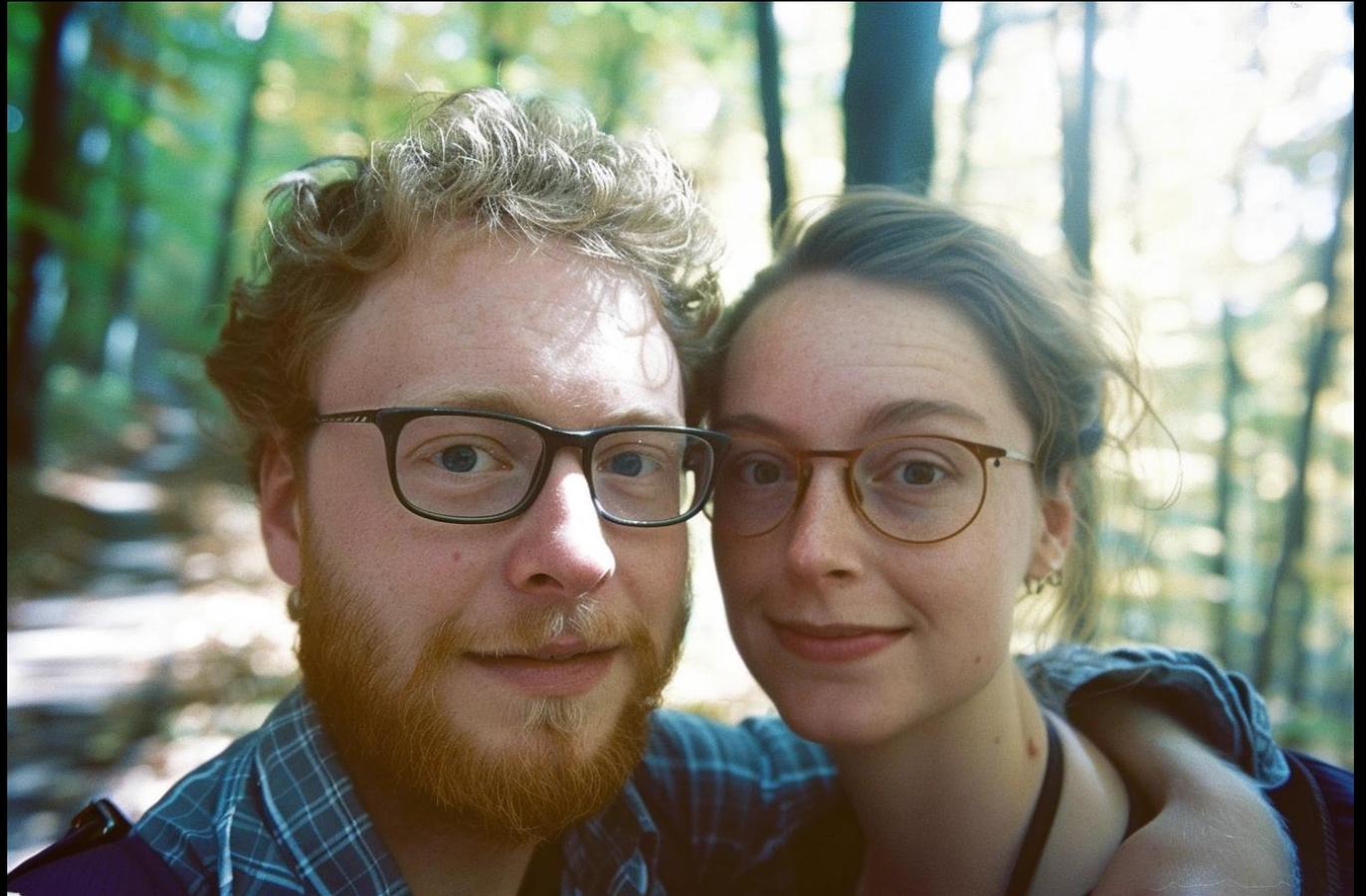


photo of a young and ordinary couple, posted in an online forum, disposable camera --weird 300



Regler & Jura

Gode råd fra
en ikke-advokat

Der gælder de samme regler



Etik



Skal jeg deklarerere mine AI-billeder?



Markedsføring: NEJ



Nyhedsbillede: JA



EU AI Act

AI-billeder skal have maskinlæsbar markering

Deep fakes skal yderligere markeres tydeligt overfor modtageren

Undtagelser: kunst, satire, åbenlyst AI, markant menneskelig redigering, kun dele af billedet, ...

Træder i kraft 2. august 2026

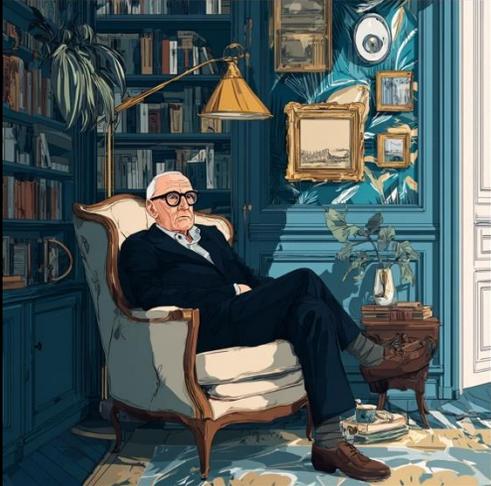


**Hav styr på både
regler og etik**

Sådan skaber du flotte og iøjnefaldende billeder



Simple prompt



Simple prompt = tilfeldig resultat

Tilfeldigt resultat = lille kontrol

a man sitting in an armchair

Detaljeret prompt



Detaljeret prompt = stor kontrol

photo of a 20 year old man sitting in a red armchair, nordic look, smiling, looking at the camera, wearing a green suit, large window in the background, trees outside the window, golden hour, low angle view

Simple vs. detailed prompt





photo of a man, riding a bike



photo of a man, riding a bike, **happy**



photo of a man, riding a bike, happy, **in the countryside**



photo of a man, riding a bike, happy, in the countryside, **autumn**



photo of a man, riding a bike, happy, in the countryside, autumn,
rain



photo of a man, riding a bike, happy, in the countryside, autumn,
rain, **backlit**



photo of a man, riding a bike, happy, in the countryside, autumn, rain, backlit, **worm's eye view**



photo of a man, riding a bike, happy, in the countryside, autumn, rain, backlit, worm's eye view, **gopro camera**



photo of a man, riding a bike, happy, in the countryside, autumn, rain, backlit, worm's eye view, gopro camera

**Hvad gør
Midjourney unik?**



Style Reference



product photo of a bottle of perfume, earth colors

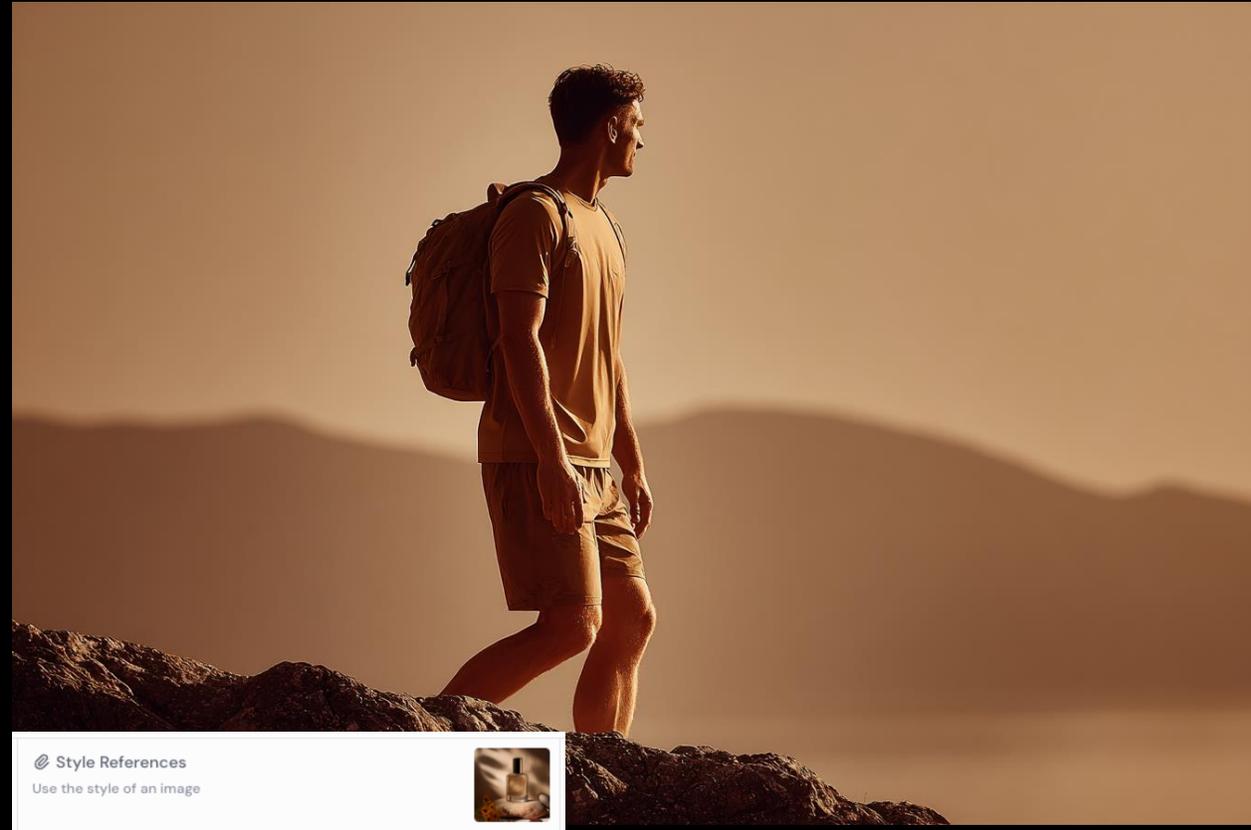
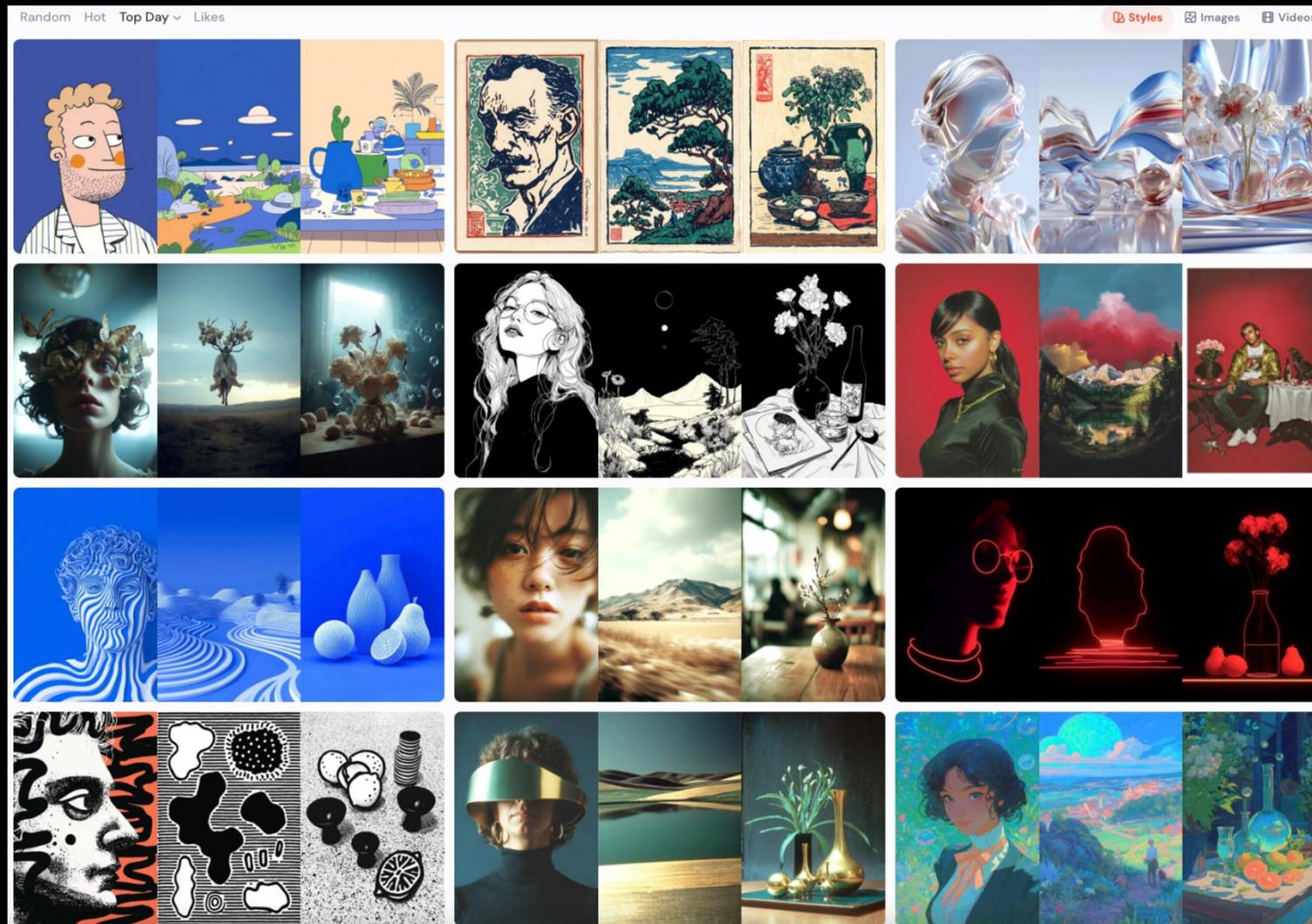


photo of a man hiking, mountains in the background

Style Explorer



Style Explorer



photo of a man hiking
in the mountains
--sref 3490155107



photo of a man hiking
in the mountains
--sref 4164996227



photo of a man hiking
in the mountains
--sref 2435128353



photo of a man hiking
in the mountains
--sref 2628985118

Style Explorer



illustration of a man hiking
in the mountains
--sref 3490155107



illustration of a man hiking
in the mountains
--sref 4164996227

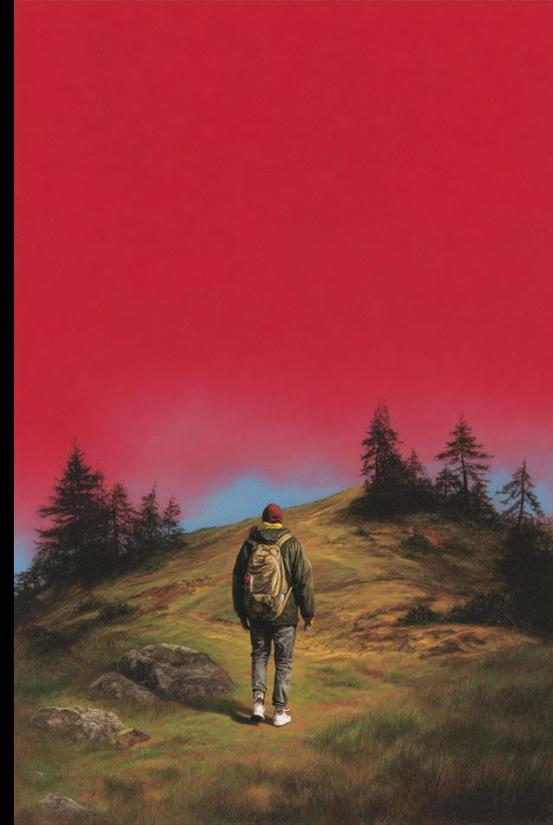


illustration of a man hiking
in the mountains
--sref 2435128353



illustration of a man hiking
in the mountains
--sref 2628985118

Style Reference Nummer



illustration of a man hiking in
the mountains
--sref 4099419467



illustration of an avocado
playing tennis
--sref 4099419467



illustration of a woman riding
a motorcycle in an urban city
--sref 4099419467

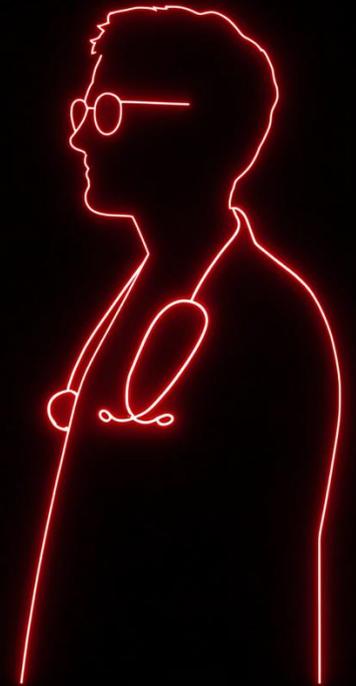


illustration of a doctor
--sref 4099419467

Personificering

← BACK REPORT

Your Global Profile
1005 rankings

Select the image you like better, or press skip if uncertain.
Press 1 or 2 for quick selection, 3 to skip.

↶ UNDO → SKIP



Personificering

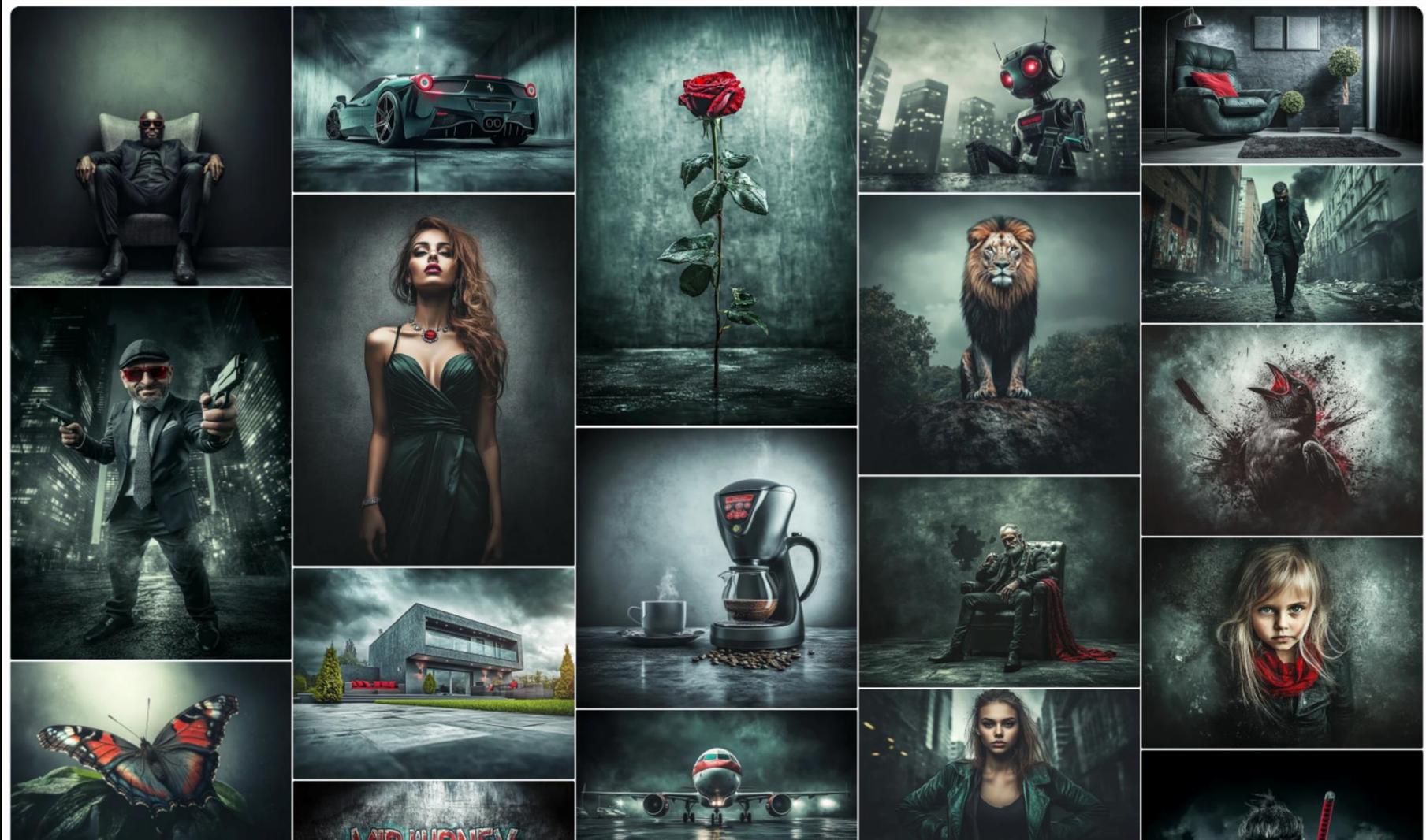


photo of a man sitting in a chair



photo of a man sitting in a chair
--profile bpo8w88

Moodboard



Moodboard



photo of a man hiking
in the mountains
--profile pm49kel



avocado playing tennis,
pixar style
--profile pm49kel



photo of a woman, wearing
sunglasses and a white t-shirt [...]
--profile pm49kel

Moodboard



photo of a woman, wearing sunglasses and a white t-shirt [...]
--profile m7267801743650455573

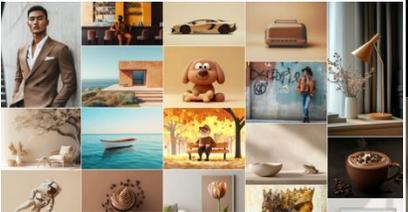


photo of a woman, wearing sunglasses and a white t-shirt [...]
--profile m7278753091443228695

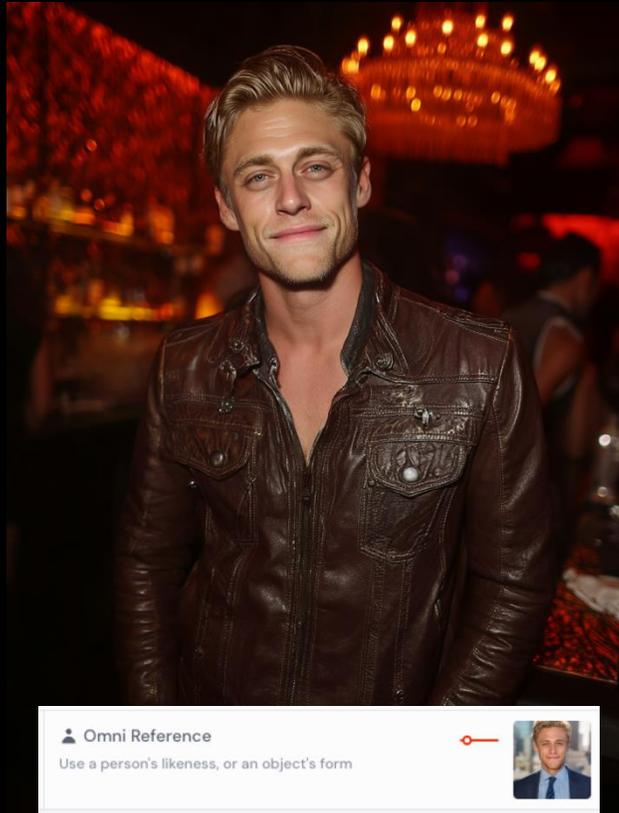


photo of a woman, wearing sunglasses and a white t-shirt [...]
--profile m7283438266001391640

Omni Reference



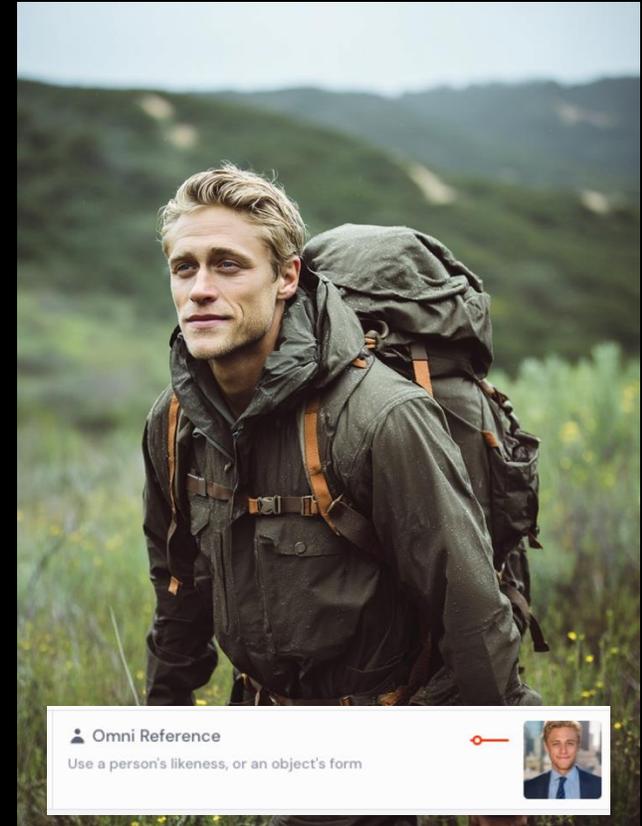
photo of a man wearing a business suit, blond hair



Omni Reference
Use a person's likeness, or an object's form



photo of a man in a nightclub, wearing a leather jacket



Omni Reference
Use a person's likeness, or an object's form



photo of a man hiking in the mountains, wearing outdoor clothes

Omni Reference



product photo of t-shirt
with an astronaut



photo of a man wearing a
t-shirt with an astronaut, blond hair

Omni Reference



product photo of t-shirt
with an astronaut



photo of a man wearing a
t-shirt with an astronaut, blond hair



Omni Reference



product photo of t-shirt
with an astronaut



photo of a man wearing a
t-shirt with an astronaut, blond hair



photo of a man wearing a
t-shirt with an astronaut, blond hair

Midjourney + Nano Banana



Google AI Studio

Giv manden t-shirt på



Run ↩

Midjourney + Nano Banana



Google AI Studio

Giv manden t-shirt på



Run ↩

Omni Reference

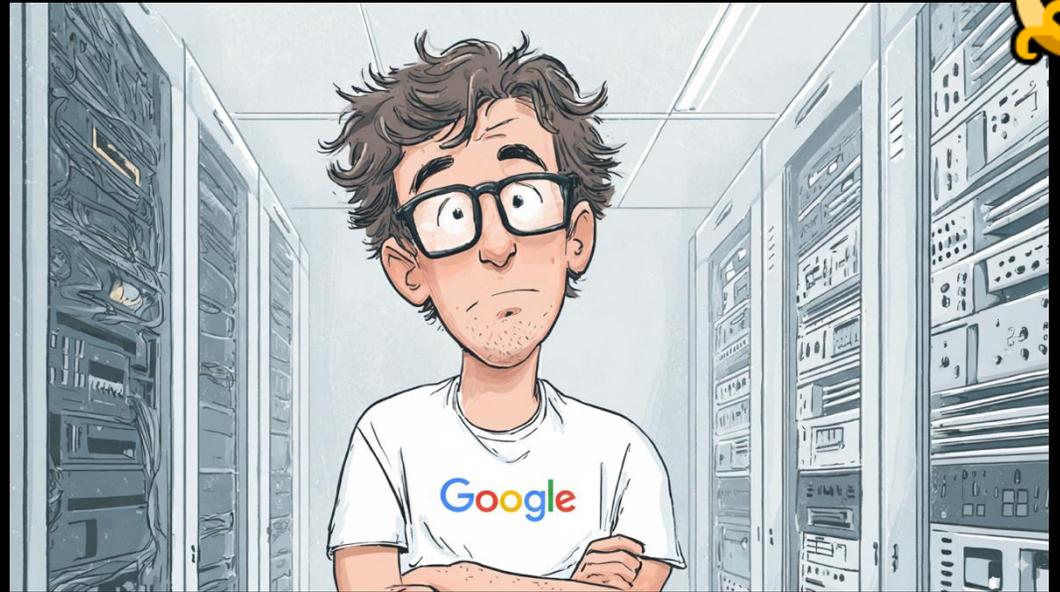
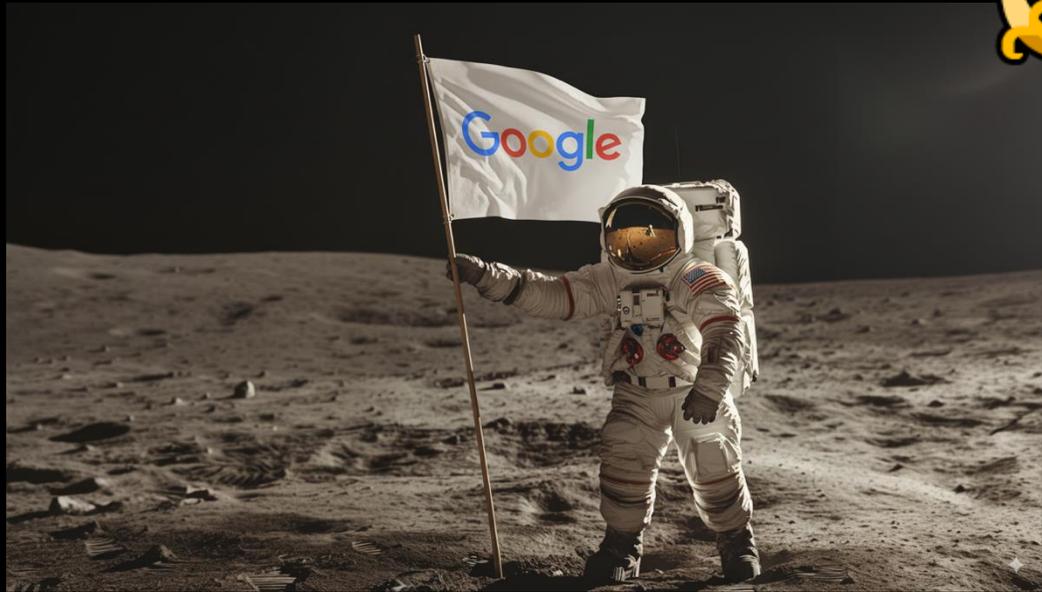


Midjourney + Nano Banana



Midjourney + Nano Banana











Resize

MJ Edit Retexture

photo of a man hiking in the mountains, wearing outdoor clothes --raw

Submit Edit P

Move / Resize

Image Scale 100%

Aspect Ratio 58 : 77

1:1	3:4	2:3	9:16	1:2
	4:3	3:2	16:9	2:1

Paint

Smart Select

Layers Add

Layer 1

A screenshot of a digital image editing application. The main canvas displays a photograph of a young man with a large backpack hiking through a mountainous, grassy landscape. The interface includes a top navigation bar with 'MJ', 'Edit', and 'Retexture' options, and a 'Submit Edit' button. On the left, a vertical toolbar contains various editing tools. A central panel is open to the 'Move / Resize' tool, showing 'Image Scale' at 100% and 'Aspect Ratio' at 58:77. Below this are 'Paint' and 'Smart Select' options. At the bottom left, a 'Layers' panel shows a single layer named 'Layer 1'. The top of the canvas has a text prompt: 'photo of a man hiking in the mountains, wearing outdoor clothes --raw'.

Edit



Edit

 photo of a red car in a desert



Submit Edit

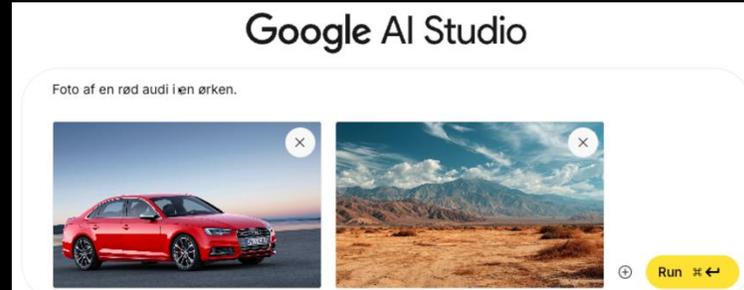


Edit





Midjourney + Nano Banana





Retexture



photo of a red car in a desert



Submit Retexture



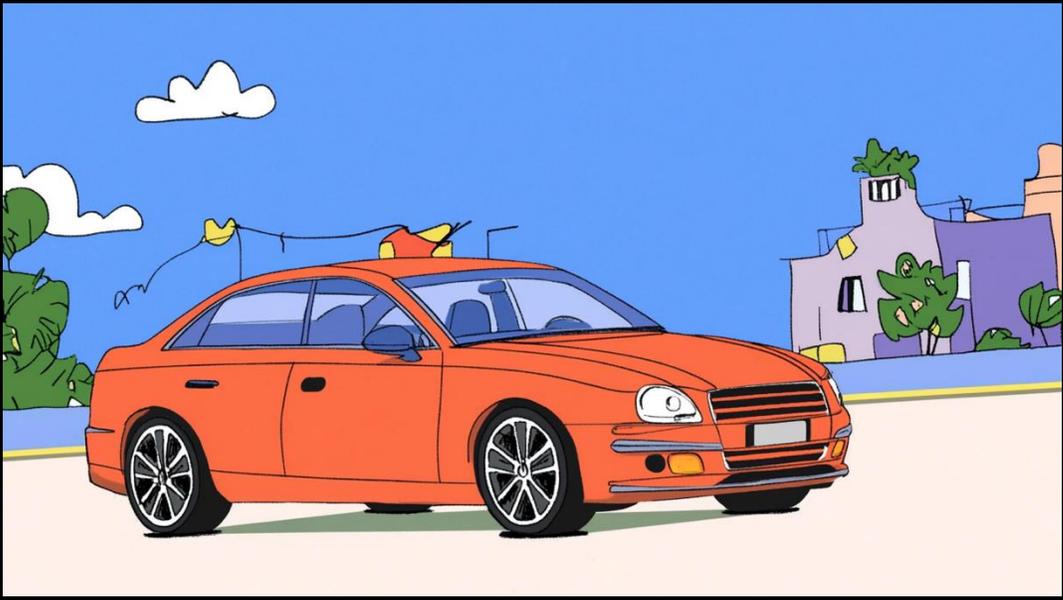
Retexture





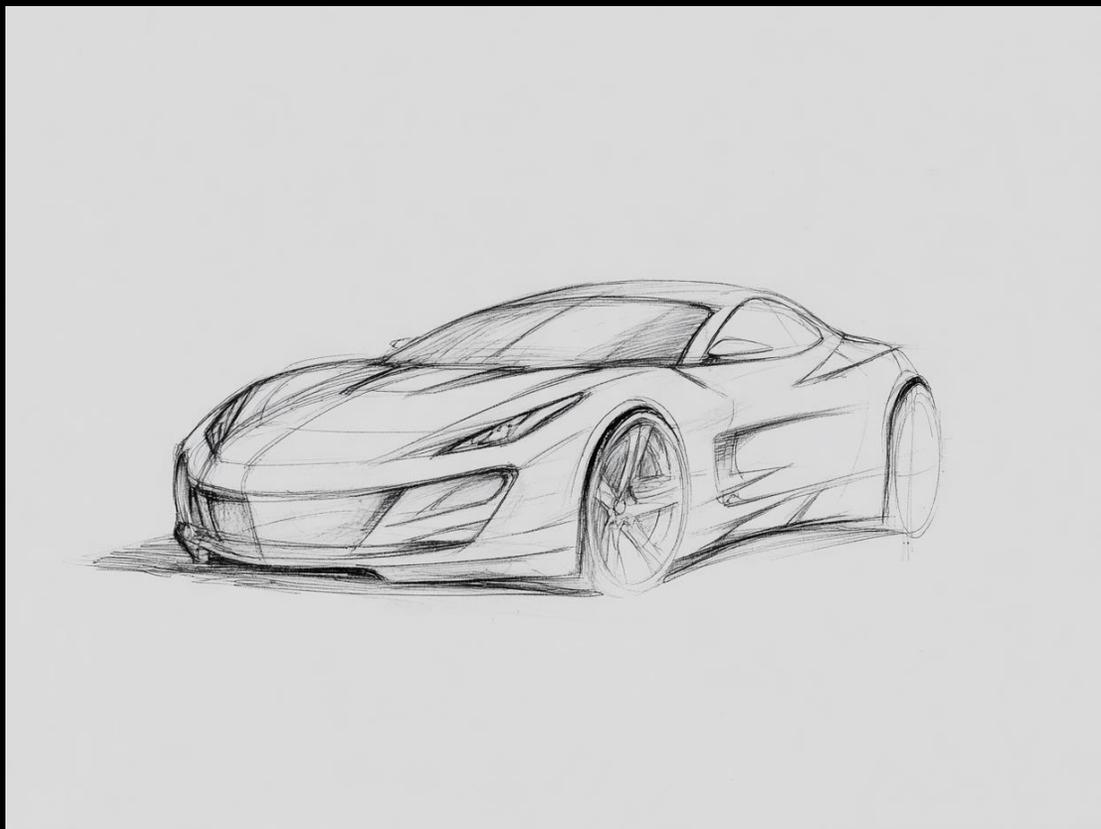








Retexture



Retexture



Editor vs. Retexture



Praktisk brug



EDITOR:

close up photo of a gorilla hand, holding a coca cola can

Praktisk brug



RESIZE:
photo of a gorilla holding a coca cola can

Praktisk brug



RETEXTURE:

photo a gorilla holding a coca cola can, urban city, skyscrapers in the background, rain, neon lighting, reflection

Praktisk brug



EDITOR:

close up photo of a gorilla hand, holding a coca cola can

Praktisk brug



Unikke funktioner



Style Reference



Style Explorer



Personificering



Moodboard



Omni Reference



Resize



Edit



Retexture

Anbefaling



Generering af billeder:
Midjourney



Redigering af billeder:
Midjourney + Nano Banana

**Tænk over hvor I
bruger traditionelle
billeder i dag?**

**Kan nogle af
dem erstattes
af AI-billeder?**





Tak for i dag!



ailab.dk



linkedin.com/in/mortenelm/



ailab.dk/slides





Tak for i dag!



ailab.dk



linkedin.com/in/mortenelm/



ailab.dk/slides

